

I AM PSYCHED! NATIONAL TOUR

Inspiring Histories, Inspiring Lives
Women of Color in Psychology

University of Arkansas

Psychological Science Department
216 Memorial Hall
Fayetteville, AR 72701

February 1, 2022

I AM Psyched! is a multimedia pop-up exhibit—on national tour—that explores the history and contemporary contributions of women of color in psychology. In partnership with the Cummings Center for the History of Psychology, Psychology's Feminist Voices, and the I am Psyched! Girls Advisory Committee, APA created the exhibit to engage young women of color in exploring how psychology benefits daily life. For more information on the tour schedule, the initiative, merchandise, and our generous sponsors and contributors, see on.apa.org/i-am-psyched.

Take a **SELF-GUIDED TOUR** of the exhibit
See details on next page
We hope this history inspires you!

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You can access exhibit materials online, such as a video of discussions between young women and girls and women psychologists, as well as activities that can be used by both high school and college teachers. If you are interested in hosting I am Psyched!, the physical exhibit can also be packaged, shipped, and easily set up in other locations.

Contact the APA Women's Programs Office for more information at womensprograms@apa.org





I am Psyched! exhibit: SELF-GUIDED TOUR

Panel 1: Inspiring History, Inspiring Lives: Women of Color in Psychology

Each of these photos tells a story about women of color in the history of psychology. The photo of the 1914 Wilberforce Psychology Club is one of the earliest visual records of students of color engaging with psychology. Taken over 50 years later, the photo of the participants at the Institute on Teaching the History of Psychology in 1968 includes 35 people but only one woman of color: Dr. Keturah Whitehurst. **What questions come up for you?**

Panel 2: Paving the Way

This panel features three psychologists who paved the way for others as the first African American women, and the first Latina, to be awarded PhDs. Watch the video about Dr. Ruth Howard's life and accomplishments. **Take a footprint, write down who paved the way for you and why, and place it on the path.**

Panel 3: Transforming Society

This panel features Dr. Mamie Phipps Clark, who studied children's racial identities. Her work was used in the 1954 Supreme Court decision that made the segregation of schools on the basis of race unconstitutional. Watch the video and reflect on stereotypes in terms of gender, race, class, ethnicity, sexual identity/orientation, and disability. **What psychological research is now being done that can help us identify and overcome these stereotypes?**

I am Psyched! @ UArk brings forward the contributions of women of color in psychology forward: past, present, and future. This interactive exhibit will be available to view from February 1 to February 14, 2022.

Panel 4: Finding Your Passion

Three psychologists are featured who have used their passion for psychology to make important policy changes and improve psychosocial services. **What's one word that captures what you are passionate about in your work or life?** Write it on the flip pad provided, and as the word lists grow, we'll generate a digital word cloud and post it to social media.

Panel 5: This Is What a Psychologist Looks Like

Women of color work in all areas of psychology, from social, to cognitive, to clinical. Explore their stories and watch the video of some of these psychologists talking about how they got into the field and what inspires their research. **What areas of psychology interest you?**

Panel 6: Changemakers

Women of color have used their psychological training to make positive social change, both locally and globally. Scan the QR codes to hear these trailblazers describe how they have used psychology to create a more inclusive, diverse and equitable world. **What will be your legacy?**

Tell Us What You Think!



SCAN ME

Exhibit Schedule

February 1 - February 14, 2022