

The Psychological Science
NEWSLETTER

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Welcome to the first issue of the newsletter of the Department of Psychological Science. The primary goal of this newsletter is to keep in touch with our alumni, to keep you informed about the department and the activities of your fellow alumni. Thus it will include information on faculty members; their research, accomplishments, and other news worthy activities. We will also highlight current graduate and undergraduate students, and celebrate the activities and accomplishments of our graduates. However, for us to do that, **we need your input**. Please send us updates on you and your careers. Links are provided later in the newsletter.

This inaugural issue contains a brief history of the department, and highlights some of the major changes that have occurred in the university and the department in the last 10 – 15 years. And, as you might expect in a publication edited by an experimental psychologist, there will be some data. In addition, new faculty and graduate students are profiled.

WELCOME FROM THE CHAIR

Doug Behrend, Chair



Welcome to the first edition of the University of Arkansas Department of Psychological Science Newsletter! The start of a new school year seems as good a time as any to let you know more about the Department, its faculty and students, and some of the highlights of what we are doing. The Department is still in Memorial Hall, still provides quality education at the undergraduate and graduate level, and our faculty and students still engage in cutting-edge research and perform outreach and service to in Northwest Arkansas. However, many things may have changed since we were last in touch with you. Faculty members retire and new ones are hired, and we now serve over 1000 majors and minors and over 100 honors students. There has been construction in and around our building and all across campus, our faculty and students are receiving major grants and winning local and national awards, and we hosted an important conference on Diversity in Psychological Science earlier this year. With this newsletter and those that follow, we want to keep you apprised of what is going on in the Department and I want to invite you to let us know what is going on in your lives and career, especially as it relates to your experience as alumni of the Department of Psychological Science and the University of Arkansas.

Exciting things are happening here, and we are eager to share them with you. Feel free to write me at dbehrend@uark.edu, and I hope that you enjoy this inaugural edition of the Newsletter!

W. John Schuldt (1932 – 2017).

Walter John Schuldt of Fayetteville, died on September 19, 2017 at the age of 84. He was born on December 9, 1932 in Sheboygan, Wisconsin. He received his B.S. degree from the University of Wisconsin, and M.A. and Ph.D. from Michigan State University. He joined the University of Arkansas faculty in 1964 as an assistant professor, was promoted to associate professor in 1969 and professor in 1975, and served the University until his retirement from active teaching, research, and service in 1995.

Dr. Schuldt served as Director of the Psychological Clinic at the University of Arkansas and as a founding board member of the Ozark Guidance Center and he helped to establish the Elizabeth Richardson Children's Center.

ALUMNI NEWS

WE NEED YOUR HELP. We are pretty sure that graduates of the undergraduate and both graduate programs have pursued a great variety of careers, have earned advanced degrees in many areas, have started businesses and families, been promoted, retired, travelled the world, done many exciting things, and have lost contact with other alums. However, we have little hard data to support that belief. We need you, our only reliable source for that information, to provide those data. So, **please, please**, send me any information that you are willing to share with us and other alums. What have you done since you graduated? What milestones have you achieved? Tell us if and how your time at the UofA prepared you for what you encountered in "the real world." Include anecdotes, stories, accomplishments, and pictures. We would love to hear from you. You can email me at jsfreund@uark.edu, send snail mail to me at the Department using the form at the end of the newsletter, or fill out the form on the department website, by going to Psyc.uark.edu and clicking on the Alumni section in the menu. You can also find an electronic copy of the newsletter there.

Connie Lamm

Dr. Lamm is a Canadian by birth, and education, earning her B.A. at the University of Waterloo, and her M.A., and Ph.D. at the University of Toronto. She gained extensive experience as a Post Doctoral Fellow at the University of Maryland, after which she joined the faculty at the University of New Orleans. In 2016 we were able to lure her to join the faculty at the U of A. She describes herself and her research below. She is the proud owner of a Domino and Roscoe who are also pictured here.



"I study the neural correlates underlying various self-regulatory strategies using electroencephalography (EEG) and how factors such as emotion and development impact these patterns of neural activation. More specifically, I examine differential patterns of neural activation underlying typical and atypical development. My long term goal is to use patterns of neural activation underlying various self-regulation strategies to guide the treatment of aggressive behavior

Darya L. Zabelina

Darya is an Assistant Professor of Psychology at the University of Arkansas. Originally from Bishkek, Kyrgyzstan, she came to the US as a high school exchange student. She got her Ph.D. at Northwestern University, and did her postdoctoral training at the University of Colorado Boulder. At the UA, Darya directs the Mechanisms of Cognition and Attention (MoCA) laboratory, where the long-term objective is to create a theoretical foundation upon which to develop methods to enhance creative thinking, imagination, and problem-solving abilities. She describes herself below.



"My work focuses on understanding creative cognition, imagination, and other related processes, and how these processes are linked with more traditional subfields of cognitive psychology, such as attention and executive functions. I use a variety of approaches, including behavioral, genetic, electrophysiological (EEG and ERP), and functional MRI (fMRI) techniques. I also do work on mind-wandering, mindfulness, problem solving, the influence of technology on creativity and imagination, and what happens to creativity as we age. I am passionate about art and traveling to foreign lands."

Patrick S. Forscher



Dr. Forscher earned his BA in Psychology and Asian Studies from Macalester College and his Ph. D. in Social Psychology from the University of Wisconsin – Madison.



"I study social disparities and what to do about them. Much of my research has an applied angle: for example, my dissertation included an evaluation of a workshop designed to improve climate for women in science-oriented academic departments, and one of my ongoing projects involves the development and evaluation of a training curriculum to improve the policing of communities of color. I also have a strong interest in research methods and am actively involved in the ongoing movement to identify and promote the research practices that can help make psychology more robust and replicable. Outside work, I enjoy playing board games, running, and drinking craft beer (though not all at the same time). I also have a pet Ball Python who I love dearly named Smaug."

Dr. Dopp completed his B.A. at the University of Michigan, M.A. and Ph.D. at the University of Missouri, and clinical internship at the Medical University of South Carolina with a specialization in trauma treatment. He joined the University of Arkansas Department of Psychological Science in August 2016. He describes himself and his research.

Alex Dopp



"My primary research interest is the dissemination and implementation (D&I) of evidence-based psychological treatments for children and families, especially those who are traditionally underserved and/or those involved in multiple service systems (e.g., juvenile justice, child welfare). D&I refers to the process of taking treatments that have shown effectiveness in research settings and using those treatments effectively in the complex world of community mental health settings. My work focuses on learning more about how that process works and understanding how it can be improved. Examples of D&I strategies range from training of clinical providers (e.g., learning collaboratives), to use of quality assurance methods (e.g., monitoring of intervention quality and effectiveness), to development of novel delivery methods (e.g., telehealth video-conferencing). I am also interested in the use of novel research methods, such as economic analysis and meta-analysis, to inform the dissemination and implementation of evidence-based treatments. I mainly teach classes on abnormal psychology, evidence-based treatment, and D&I science. Outside of academia, I enjoy birdwatching and wildlife photography; spending time with my husband Dustin, who also teaches at U of A, and with our pet conure (parakeet), Avocado. I have also embarked on a journey to eating my way through all of the restaurants in Northwest Arkansas!"

FOCUS ON GRADUATE STUDENTS

In this section we introduce the first-year graduate students.



Roselee Ledesma is a first-year clinical student in Dr. Bridges lab. "I am from California (San Diego country) and I received a Bachelor of Arts in Psychology from Marquette University in Milwaukee, WI. As a clinical psychology graduate student, I work with Dr. Ana Bridges. My research is focused on the intersectionality of social identities and disparities in access to mental health care for marginalized populations. Some of my hobbies include cooking, running, speaking Spanish, and traveling."



Lauren Mutignani is a first year graduate student in Dr. Cavell's lab, the Center for Research on Aggression and Victimization. "I obtained my B.A. from St. John Fisher College in Psychology and an M.A. from SUNY Brockport in Clinical Psychology. My research interests include examining developmental trajectories as well as risk and protective factors for victimized and bullied children. I hope to conduct research in an academic setting that informs the development of school-based preven-



Dene Wamsley received her B.S. from Georgia Southern University in December 2016. "I aspire to teach in a university setting, and I look forward to the teaching experience that the University of Arkansas experimental program provides. My research interests include computer-mediated communication and people's cognitive and emotional responses to news and comments they encounter on the internet. In my free time, I like to read, play video games, and spend time with my two cats."



Rebecca Campbell "I completed my B.S. at the University of Pittsburgh with early research experiences in sleep and post-traumatic stress disorder in military veterans before becoming part of the Razorback team. My research interests focus on sleep and emotion regulation as mechanisms of PTSD. I hope to continue research in an academic medical setting after finishing the program. In my spare time I like to spoil my adorable dog, read every book I can, and visit the local breweries with my partner."