**Hours**

Clinic is open:
8:30 - 5:00 Monday and Friday  
8:30 - 7:00 Tuesday, Wednesday & Thursday

Appointments are available:
8:30 - 3:30 Monday and Friday  
8:30 - 5:30 Tuesday, Wednesday & Thursday

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**Fees for UofA Students**

**Psychotherapy**
- $5.00 per 50-minute session

**Specialized Evaluations**
- Reduced fixed rates depending on the evaluation requested and the tests utilized.
- Most range from $300.00 to 450.00

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**Fees for Community Clients**

**Psychotherapy**
- $15.00 - 80.00 per 50-minute session
- Rates based on a sliding scale, and determined by annual income and number of dependents.

**Specialized Evaluations**
- Reduced fixed rates depending on the evaluation requested and the tests utilized.
- Most range from $300.00 to 550.00

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**Where to Find Us**

Memorial Hall – Room 111  
University of Arkansas  
At the corner of Maple Street and Leverett Avenue  
(GPS Address: 801 W. Maple St.)

 Reserved parking available for non-student clients in Lot 38. Enter from Leverett Avenue.

Three additional reserved parking permits are available after 5pm for lots 31, 32, 33, 35, & 38.  
*For reserved parking permits, see clinic administrative staff.*
About the Clinic
The University of Arkansas Psychological Clinic is the training and research facility of the Department of Psychological Science’s Clinical Psychology Doctoral Training Program, which is accredited by the American Psychological Association.

The Psychological Clinic works with various community organizations, such as the Department of Human Services, Women’s Shelter, Juvenile Court System, Counseling and Psychological Services (CAPS), private physicians, schools, and other service providers working within the legal and health care delivery systems of Northwest Arkansas.

About the Clinicians
The Clinic is staffed by trainees enrolled in the Clinical Psychology Doctoral Training Program at the University of Arkansas. Trainees are closely supervised by licensed Clinical Psychologists.

Services Available
The Psychological Clinic provides evidence-based services to adults, adolescents, and children. Available services include, but are not limited to:

**Psychotherapy**
- Individual
- Couple/Marital
- Family
- Group

**Psychological Evaluation**
- Intellectual
- Educational
- Personality
- Psychosocial
- Developmental

**Skills Training:** Stress management, Assertiveness, Parenting skills, etc.

**Problems and/or Concerns**
- Anxiety
- Depression
- Anger & hostility
- Stress, phobias, panic attacks
- Tension & migraine headaches
- Interpersonal relationship difficulties
- Psychological, physical, & sexual abuse
- Marital and/or family conflict
- Academic performance
- Identity issues
- Life changes
- Grief & loss
- Dating

*Evidence-based practice utilizes the most current and effective approaches for assessment and treatment of psychological problems as supported by scientific research findings.

**Internet-based services:** When individuals experience barriers that make it difficult to attend regular in-person appointments, they may be approved to receive services at home over the internet (using a secure web-conferencing program). If you are interested in learning more, please ask about internet-based services when you contact the clinic.

Getting Started
Call to schedule an Intake Interview with the clinic secretary.

Intake Interview appointment

➤ **What happens?**
- Interviewer will gather information about the client and the experiences and feelings that have brought them to the clinic.
- Interviewer answers any client questions and explains clinic policies and procedures.

➤ **Purpose?**
- Help determine what services will best serve the client.

The clinician assigned to the case will then contact the client to set up the first appointment.

When a minor (a person under 18 years of age) is referred to the Clinic, the client’s parent or legal guardian must accompany the client to the intake appointment to sign consent forms.

Don’t hesitate to talk to someone about your feelings simply because you are unable to identify a specific problem. Sometimes talking with someone about such feelings clarifies them, places them in a different perspective, and makes it easier to deal with them.

To set up an appointment, or obtain additional information about available services, please call (479) 575-4258 during the hours listed.