2016 SPRINGDALE HIGH SCHOOL HEALTH & NUTRITION
*Results based on recent survey of Springdale High School Students Grades 10-12

27% of students reported MODERATE to HIGH food insecurity.

25% of students reported drinking soda FOUR or more times per week.

40% of students reported NO exercise in the past week, including movement that leads to shortness of breath.

45% of students reported eating NO green salad in the past week.

39% of students are considered OVERWEIGHT or OBESE based on BMI calculations.