

# WHAT YOU NEED TO KNOW ABOUT PRONOUNS

Sharing pronouns on campus, in meetings and online, has become increasingly visible.

This guide will help you understand why it is important, and how you can participate in this inclusive practice.



## TO SHARE, OR NOT TO SHARE?

If you are comfortable doing so, sharing pronouns normalizes this inclusive practice.

It is not recommended to require someone to share their pronouns because people may not be ready to share.



## WHY ARE THEY IMPORTANT?

Sharing pronouns helps to avoid assuming which pronouns people use, and thus averts intentional or unintentional harm or disrespect.

## SOME TIPS

- Practice using gender neutral language
- Don't assume someone's pronouns
- When in doubt, ask or use "they"
- Unlearn gendered phrases, such as "you guys"

## EXAMPLES

He, him, his

She, her, hers

They, them, theirs

Ve, ver, vis

Xi, xir, xirs

## WAYS TO SHARE

You can share pronouns when you first meet someone, in your email signature, in your Zoom settings, in your personal bio or website:

"I use they, their & theirs pronouns"



## WANT TO LEARN MORE?

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