



Fulbright College of Arts & Sciences

Fulbright Thrive Guide

2026

Welcome

Your Guide to Thriving in College

TABLE OF CONTENTS

A quick roadmap for first-year students.

- 1** Fulbright Student Success
- 2** Fulbright Career Connections
- 3** Campus Access & Logins
- 4** Dining & Meal Plan Info
- 5** Parking
- 6** Getting Around Campus
- 7** Academic Integrity
- 8** Study On Campus
- 9** Tutoring & Academic Support
- 10** Pat Walker Health Center
- 11** Scholarships
- 12** Financial Literacy
- 13** Important Dates
- 14** Classes, Careers, & Success Tips
- 15** Additional Resources
- 16** First Semester Experiences
- 17** Get Involved
- 18** Upcoming Events
- 19** HIPS
- 20** Tips From Former Students
- 21** Start A Conversation
- 22** 5 Reasons to Go to Class
- 23** Fulbright College Social Media
- 24** Notes
- 25** Notes

Your journey starts here—let's GO!

FULBRIGHT STUDENT SUCCESS

You belong here. You're Ready. Let's go!

Fulbright College wants **YOU** to WIN! 🏆

You've got a whole team behind you — time to LEVEL UP!

New to Fulbright? That's your superpower. You're starting fresh, full of potential, and we are HERE for it. These resources are your power-ups—use them and watch yourself thrive!



Fulbright Academic Advising

Your class-planning TEAM. They keep you on track and stress-free!



Peer Mentoring

Real students who GET IT. They've been where you are!



Fulbright Career Connections

Start building YOUR future—jobs, internships, and big opportunities!



Success Coaching

Support that helps you set goals, strategize, and stay organized!



Scholarship Support

More money = less stress. Let's find you those opportunities!



Study Abroad

Big experiences beyond campus—study abroad and level up your world!



Student Success Courses

Learn the skills that set you up to WIN—start strong!



START HERE!

CORD Welcome Desk | (479) 575-3174, success@uark.edu

★ You Got This ★

College is a journey of growth, new challenges, and big opportunities. Whether you're finding your rhythm or pushing toward your next goal, Student Success resources are here to help you stay focused, confident, and moving forward!

Power Up — Scan to Connect!



**Fulbright
Student Success
Resources**



**Academic
Advising**

FULBRIGHT CAREER CONNECTIONS

Your career starts HERE—map it, own it, launch it!

Where will your degree take you?

Student Success Maps help you maximize your time at the University of Arkansas and craft your career goals. Map success from your first semester and stay on track through graduation.



Explore Careers

Discover paths that match your passions, skills, and major. Start exploring early!



Find Belonging

Connect with communities, mentors, and experiences that help you thrive on campus.



Prep for Grad School

Build your resume, gain research experience, and plan your next academic chapter.



MAKE YOUR IMPACT

- Discover tools, support, and opportunities to shape your path.
- Gain real-world experience that prepares you for your future.
- Build skills, confidence, and connections that set you apart!

Your success is a journey — start mapping it today!

Scan to view all Student Success Maps



Your future is waiting—take the first step! 🚀

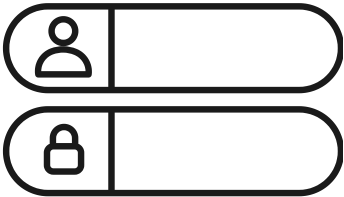
CAMPUS ACCESS & LOGINS

Your keys to campus systems—log in, stay connected, and get help fast!

Login Credentials

Your UARK username and password give you access to:

- **Workday Student:** Registration, grades, and financial aid
- **Blackboard:** Course materials and assignments
- **UARK Email (Outlook):** Official university communication
- **Campus Wi-Fi:** Connect with your UARK credentials
- **Microsoft 365:** Includes access to Outlook, Word, PowerPoint, and more



Locked Out? Here's Some Tips

- Reset your password: password.uark.edu
- Get help online: help.uark.edu
- Contact the IT Help Desk: **(479) 575-2905**



Pro Tip

Check your UARK email daily, professors and campus offices use it as the main way to communicate important updates!



Quick Links — Scan to Connect



Workday Student



IT Help Desk



Microsoft 365

DINING AND MEAL PLAN INFO

Dining made easy — find meals, plans, and support all in one place!

Dining Overview

University Housing works with Chartwells to offer dining for students, including off-campus options. Whether you live on or off campus, there are flexible meal solutions designed for your lifestyle. Visit housing.uark.edu for housing info or explore dining options at dineoncampus.com/razorbacks.

Meal Plan Basics

- **Meal Swipes:** A meal swipe gets you into all-you-can-eat dining halls (like 1021, Fulbright, and Pomfret).
- **Dining Dollars:** Dining Dollars are money included in your meal plan that you can spend at campus dining locations, just like a debit card.
- **Meal Trades:** A meal trade lets you use a meal swipe to get a combo meal at certain campus dining spots (like Chick-fil-A) instead of the dining hall.

Campus Food Pantries

The primary emergency food assistance resource on campus is the **Jane B. Gearhart Full Circle Food Pantry**. It provides a three-day supply of groceries and personal care items to anyone with a valid UARK or UAMS ID (students, staff, faculty, and temporary/hourly employees) and their households.

Additionally, departments partner with the food pantry to maintain and keep their **mini-pantry** stocked throughout the semester.



Housing and Dining
Info



Dining
Hall Options



Full Circle
Food Pantry



PARKING

Get around campus with ease — parking permits, zones & more!

Parking Permits

All students need a valid permit to park on campus. Purchase yours through the UARK Parking Portal.

Parking Zones & Lots

- Green lots: Student parking
- Yellow lots: Faculty & staff
- Orange lots: Economy parking
- Garages: Special permits

Parking Enforcement

Campus parking is actively enforced. Parking without a permit, in a restricted spot, or in the wrong zone can lead to tickets or towing. Stay alert and read the signs!

Where to Park

Not sure where to go? Use the campus parking map to find your assigned lot. Check the lots before parking to avoid any surprises!

Work It Off Program

The Work It Off Program provides current students with the opportunity to perform community service to cover the cost of a parking ticket incurred on campus.

Tips & Rules

- Don't park without a permit—tickets add up fast!
- Use the transit app to plan your commute



➤ Scan for More Info ➤



Parking Permits



Parking Map



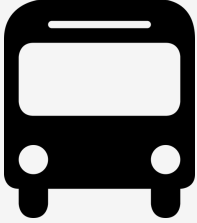
Pro Tip: Buy your parking permit early—popular lots fill up fast! If you have a student permit, be sure to move your car before game days to avoid being towed.



GETTING AROUND CAMPUS

Razorback Transit, e-scooters, and bikes—your guide to getting where you need to go!

Razorback Transit



Razorback Transit provides FREE bus service across campus and Fayetteville. Use the Passio Go app to view live bus locations, routes, stops, and arrival times in real time. Download it to plan your commute and never miss a bus!



SCAN HERE

E-scooters



E-scooters are a quick way to zip across campus! Remember:

- Always park in designated scooter parking areas
- Ride safely
- Helmets are strongly encouraged
- Do not ride on sidewalks in high-traffic zones
- Check provider app for availability, price, and rules



SCAN HERE

Bikes



Biking is a healthy, eco-friendly way to get around! Here's what to know:

- Bicycle parking is free and located throughout campus
- Ride in bike lanes and follow traffic rules
- Check the campus map for bike-friendly routes



SCAN HERE



Pro Tip: Download **Passio GO** before your first week to save time and reduce stress—explore your bus options early.

ACADEMIC INTEGRITY

Trust your ability. Own your work. Build a college career you can be proud of.

What is Academic Dishonesty?

Academic dishonesty is any act by which a student gains or attempts to gain an academic advantage for themselves or for another.

Golden Rules!

- **When in doubt - CITE!** Not sure how? The Mullins Library has citation guides for anything you can imagine.
- **Communicate with your instructor.** Visit office hours. They want to help!
- **Plan Ahead.** It's worth putting in the work early to avoid desperate, last-minute decisions. Use the Writing Studio and the Tutoring Center!

Use AI Wisely!

- Use AI to learn whatever you want.
- **Get permission first** when using AI to complete academic work you submit for a grade.
- Common AI Tools include: Grammarly, CoPilot, ChatGPT, and Gemini.
- AI guidelines depend entirely on your instructor. When in doubt, always ask for clarification.

Get Involved and Intern with the Academic Integrity Office!

Do you want to help build and maintain a culture of honesty at UARK?

- Register for UNIV 33001.
- This one-credit hour course is designed to give students real-world career development while supporting university programs.
- Be a part of their social media team. Show your peers how AI can be used to learn. Record a podcast with a faculty member about their views on integrity. You can be the next student to help maintain a culture of integrity on this campus!



FOLLOW @UARKHONESTY FOR MORE WAYS TO MAKE YOUR CAREER AT THE U OF A AN HONEST ONE.

STUDY ON CAMPUS

Find your perfect study spot — quiet corners and group spaces included!

Mullins Library

Multiple floors of quiet study, group rooms, and computer labs. The go-to spot for focused work.

Union 6th Floor

Spacious tables with campus views. Great natural light and a calm atmosphere for solo or group study.

Gearhart Honors Lounge

Comfortable seating, whiteboards, and a quiet environment for studying.

Coffee Shops

- Starbucks (Founders and the CORD)
- Hill Coffee Co (Union)
- Arsaga’s (law school)
- Fowler’s Nook (Mullins Library)

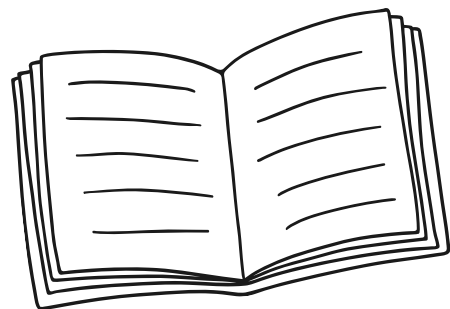
Arkansas Union

Multiple floors with open seating, meeting rooms, and access to food. The union is a versatile option.

Student Success Center

Also known as the CORD, this popular study hub offers tutoring, group spaces, and convenient food options downstairs, including Starbucks and The Drove.

Reserve a Library Study Room



Pro Tip: Book study rooms early in the semester—they fill up fast during midterms and finals week!

TUTORING AND ACADEMIC SUPPORT

Get help, build confidence, and stay on track.



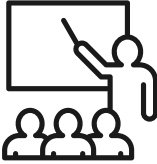
Peer Tutoring

Meet with trained peers for course help and study support. Tutoring is available for a wide range of subjects through the CORD.



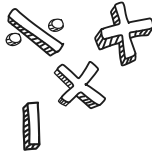
The Writing Studio

Get help with brainstorming, drafting, revising, and polishing any writing assignment. Open to all students at any stage of the writing process.



Supplemental Instruction

SI or drill sessions are sometimes required for courses like Biology, Chemistry, and Math. Attend guided review sessions led by students who have succeeded in the class.



Math Resource and Teaching Center

The MRTC offers free tutoring in mathematics, statistics, and is a great place to do homework!

Tutoring and academic support services are available in the CORD and across campus. Students can schedule an appointment through the Penji App and connect with trained peers, tutors, and academic support staff!

Scan for Tutoring Info

Schedule tutoring here



Link to
Mathematics
Resource and
Teaching
Center



Pro Tip: Tutoring isn't just for tough classes, top students use it to boost confidence and improve study strategies!

PAT WALKER HEALTH CENTER

You deserve to feel cared for, rested & supported!

Services to Take Care of You

- Primary care & sick visits
- Mental health & counseling (CAPS)
- Women's health & reproductive care
- Immunizations & allergy shots
- Lab work & pharmacy
- Physical therapy & sports medicine



Wellness Lounge—Your Cozy Reset Spot



Tired after a test? Need a breather between classes? Stop by the Wellness Lounge, sink into the massage chairs, and give yourself a moment to recharge. You earned it!

Hours & Contact



525 N. Garland Ave, Fayetteville, AR 72701
(479) 575-4451
Mon–Fri: 8:00 AM – 5:00 PM



Scan to Schedule an Appointment



Schedule an Appointment



Pro Tip: You don't need to be sick to visit! Routine checkups, mental health support, and the Wellness Lounge are all here for you— included in your student fees!

SCHOLARSHIPS

Find funding opportunities through UARK and Fulbright College!

University of Arkansas

- Freshmen Success
- Freshmen Academic
- Chancellor's Merit Scholarship
- Leadership Scholarship
- Silas Hunt Distinguished Scholarship
- Governor's Distinguished Scholarship
- New Arkansan Non-Resident Tuition Award
- Transfer Achievement Scholarship
- Razorback Bridge Scholarship
- Emergency Financial Assistance
- Honors College Academy Connection
- Land of Opportunity Scholarship
- Razorback Connection
- University Enrichment
- Jewel Minnis Scholarship



Fulbright College

- Fulbright Inclusive Excellence Scholarship
- Sturgis International Fellowship
- African American Studies Study Abroad Grant
- Sturgis Study Abroad Grant
- World Languages, Literatures, and Cultures Departmental Scholarship
- Stokely-McAdoo Family International Study Scholarship
- J. William and Elizabeth Fulbright Scholarship for Study Abroad
- Cleveland C. Burton Fellowship and Travel Awards in International Studies
- Junior/Senior Merit Scholarship
- SJSM Journalism Scholarship
- The Mary Jane See Adamson Scholarship Endowment for English
- David W. Edwards Scholarship for History
- Harry R. and Louis D. Scholarship for PLSC



The Arkansas Academic Challenge program provides scholarships to Arkansas residents pursuing higher education. You must be enrolled in at least 12 credit hours in your first semester and 15 hours each semester after that. Dropping below the required hours will affect your refund. The application deadline is July 1st.



Pro Tip: Many colleges and departments have their own deadlines. Track scholarship deadlines by "submission-ready date," not the official deadline. Give yourself a buffer of 1–2 weeks.



FINANCIAL LITERACY

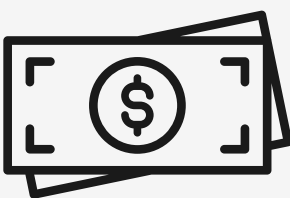
Take charge of your finances!

Be Mindful of Your Costs



Tuition

Cost for your classes



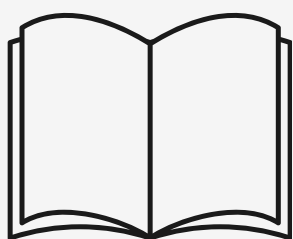
Fees

Student activities, tech, & health



Housing & Meals

Housing & meal plan costs



Books & Supplies

Materials and resources needed for course

Plan Ahead

- Apply for FAFSA every year
- Search for scholarships early and often
- Check your student account in Workday
- Explore work-study opportunities
- Take advantage of campus resources like tutoring, advising, and the Writing studio to support academic success

Tuition Calculator

Scan to find more info and estimate your tuition and fees!

SCAN ME



Need help finding your account balance? Log into Workday, navigate to the Financials Hub from the sidebar, select “View Account Activity,” and then locate your account under the Transaction Summary tab.

IMPORTANT DATES

Campus deadlines to keep on your radar!

FALL 2026

Aug 17: Classes begin
Aug 21: Fall class registration deadline
Aug 23: 100% Class refund deadline
Aug 30: 75% Class refund deadline
Sep 7: Labor Day holiday
Sep 7: 50% Class refund deadline
Sep 14: 25% Class refund deadline
Oct 19–20: Fall Break
Oct 26: Spring registration opens
Nov 25–27: Thanksgiving Break
Dec 3: Last day of classes
Dec 3: Class withdrawal deadline
Dec 4: Reading Day (a day off to study)
Dec 7–11: Final exams

SPRING 2027

Jan 18: MLK Day (campus closed)
Jan 19: Classes begin
Jan 25: 100% Class refund deadline
Feb 1: 75% Class refund deadline
Feb 8: 50% Class refund deadline
Feb 15: 25% Class refund deadline
Mar 22–26: Spring Break
Apr 6: Summer/Fall registration begins
May 6: Last day of classes
May 6: Class withdrawal deadline
May 7: Reading Day
May 10–14: Final exams

Full Academic Calender here



Pro Tip: Add these dates to your phone calendar right now! Refunds are issued when a course is dropped within the designated refund period.

CLASSES, CAREERS, AND SUCCESS TIPS

Fulbright tools for thriving in school, career, and life



Fulbright Classes

- ARSC 10401 — ePortfolio course
- ARSC 20101 — Internship Readiness
- ARSC 30103 — Fulbright College Career Connections
- ARSC 3100V — Fulbright College Elective Internship



Careers Ahead

- Build your resume early — start freshman year
- Attend career fairs each semester
- Use Handshake for internships & jobs
- Connect with alumni mentors
- Explore co-ops & field experiences



Tips For Successful Students

- Set clear goals & review them weekly
- Show up — attendance matters
- Don't be afraid to ask for help!
- Stay organized with a planner
- Build relationships with professors
- Celebrate small wins along the way



Helpful Tips

- Visit your advisor every semester
- Check Blackboard & email daily
- Use tutoring — it's free!
- Join at least one student org
- Sleep 7+ hours — you need it
- Take breaks — burnout is real



Pro Tip: You don't have to have everything figured out—just take the next step and keep going!



Your success starts here. Own it!

ADDITIONAL RESOURCES

Campus support beyond the classroom—get connected today!

Multicultural Center



The Multicultural Center is a welcoming space where students can connect, build community, and feel supported. It offers cultural events, student organizations, leadership opportunities, and resources that celebrate diversity and help you get involved on campus.

Center for Educational Access



Accommodations and accessibility support for students who need academic access help. CEA works with you to remove barriers so you can focus on learning, whether that means extended test time, note-taking support, or assistive technology.

Handshake



Your go-to platform for finding internships, jobs, and networking opportunities. Start building your career while you're still in school!

Hogsync

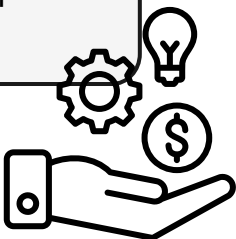


Your hub for registered student organizations and campus events. Join clubs, meet new people, and get connected at the U of A.

Campus Map



Need help finding your way around campus? Scan the QR code to find a campus map! The map shows you what the buildings look like and provides directions to different spots on campus!



FIRST SEMESTER EXPERIENCES

Adjusting to college comes with new responsibilities and expectations, but with time, support, and consistency, it becomes more manageable.

AUGUST

- Setting up your calendar and getting organized
- Learning your schedule and routines
- Getting used to new expectations

SEPTEMBER

- First exams and deadlines approaching
- Time management challenges may come up
- Using resources like tutoring if needed
- Meeting with your advisor

OCTOBER

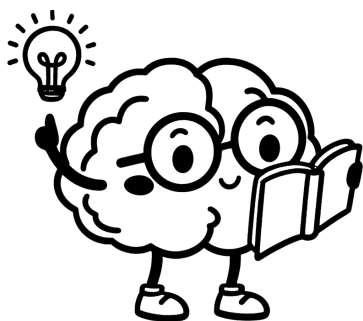
- Mid-semester check-in and planning ahead
- Staying consistent with assignments
- Adjusting study habits if needed

NOVEMBER

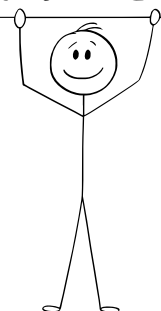
- Balancing school, life, and stress
- Managing stress and staying motivated
- Getting closer to the end of the semester
- Registering for classes next term

DECEMBER

- Finals, deadlines, and finishing strong
- Managing time, stress, and priorities
- Feeling tired—but pushing through to the finish



YOU CAN DO IT



Pro Tip: Give yourself grace while you adjust. You're learning how to do college, not expected to already know everything. You got this!

GET INVOLVED WITH FULBRIGHT COLLEGE

Connect, lead, and build your future through student engagement opportunities.



Leadership

Build confidence and make an impact on campus



Belonging

Find your community and feel supported



Development

Gain skills that prepare you for what's next

Fulbright Student Ambassadors

- Assist with recruitment efforts during campus visits
- Share personal student experiences to support prospective students
- Participate in student leadership and professional development opportunities
- Engage in arts and sciences programming across campus

Fulbright Career Influencers

- Prepare– Help students get ready for their future through career tips, career compass podcasts, and helpful resources.
- Practice– Help build student's confidence by using strategies and skills in real career-related experiences.
- Perform– Help students confidently present themselves professionally and succeed in the workplace.



Pro Tip: You don't need experience to get started—these opportunities help you grow, lead, and make an impact on campus while connecting with fellow Fulbright students and engaging with new Razorbacks.

Learn more about becoming a Fulbright Student Ambassador [here](#)



Fulbright Career Influencer info [here](#)



UPCOMING EVENTS

GET YOUR SEMESTER OFF TO A FAST START!

Hillfest

Get involved during the premier resource fair at the University of Arkansas, designed to help students connect with campus offices, departments, and hundreds of Registered Student Organizations (RSOs).

Key Event Details

Where: Arkansas Union Mall (435 N. Garland Ave, Fayetteville, AR)

When: First Monday of the fall semester, August 17th, from 11 a.m. to 2 p.m., kicking off the annual campus Welcome Weeks.

What to Expect: Students can learn how to get involved, socialize with peers, and grab free food and snacks.

Fulbright LIVE

Fulbright LIVE is where students can learn something new, inspire one another, venture beyond their comfort zones, and engage with the people and opportunities that make Fulbright feel like home.

Key Event Details

Where: Fine Arts Lounge + Courtyard (340 Garland Ave, Fayetteville, AR 72701)

When: Wednesday, September 2, from 11 a.m. to 1 p.m.

What to Expect: Students can create, connect, and discover.

Learn. Inspire. Venture. Engage.

HIPs



Why are HIPs and Success at the UARK intrinsically linked?

- Increase student engagement and overall success
- Challenge students to apply learning in real-world settings
- Build academic resilience through time and effort commitments
- Strengthen connections with faculty and peers
- Promote cultural awareness and teamwork skills
- Encourage reflection, supporting personal growth and long-term learning

Scan to learn more about HIPs

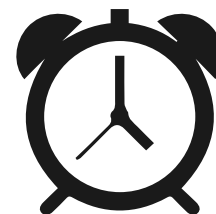


TIPS FROM FORMER STUDENTS

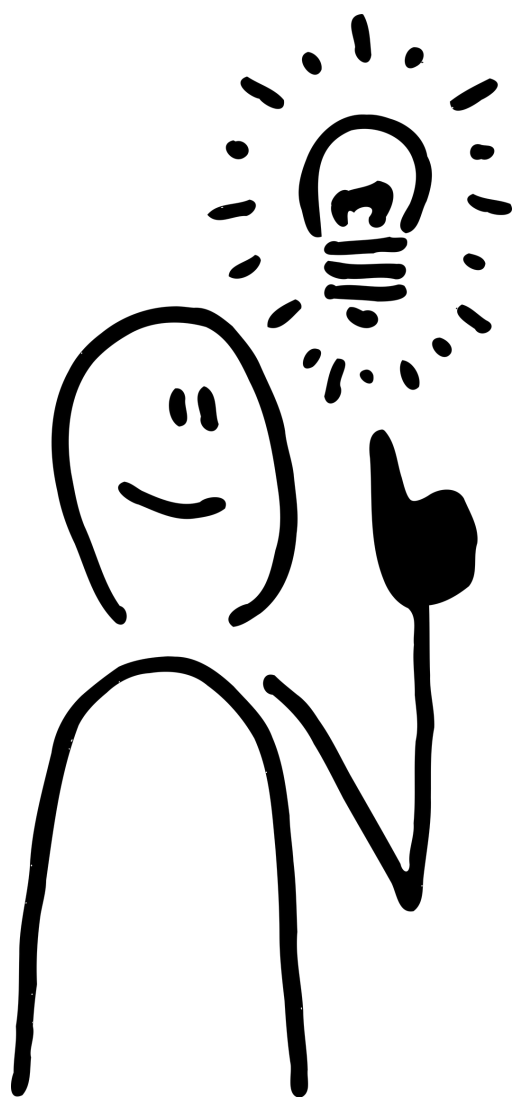


Go to office hours.
Teachers like to
get to know you.

Set an alarm to remind you to
go to class. If you are lazy like me, set two!



Use the SI tutoring sessions.
Most students go to tutoring
while in college.



You didn't come to college
just to sit in the dorm
and scroll on your phone.

Put all your assignments
into one calendar and check
it every day!



START A CONVERSATION

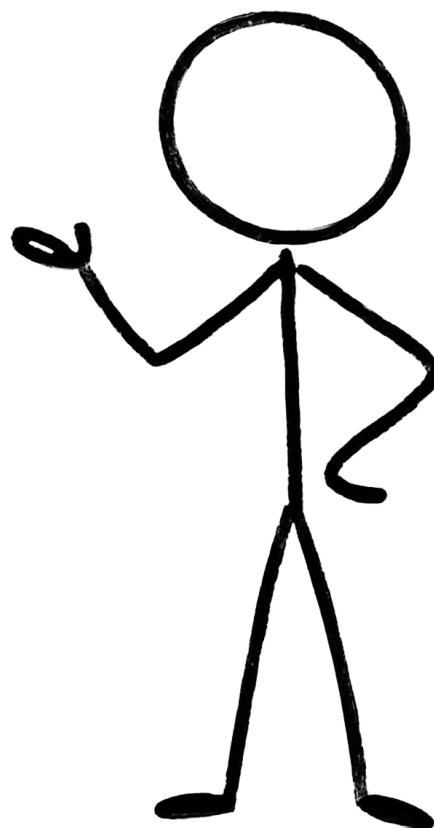
What's your favorite place to eat on campus?

What do you like to do outside of class?

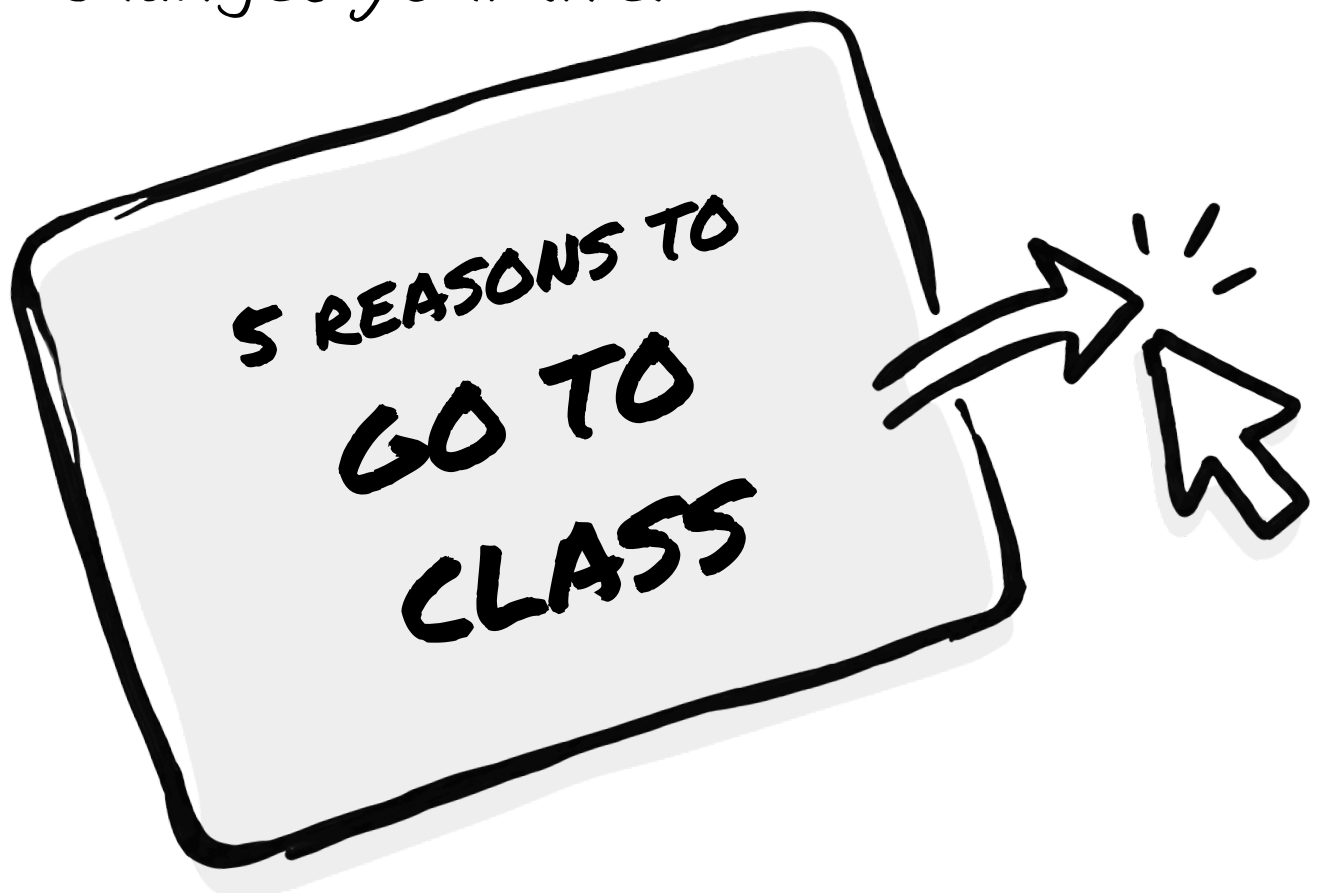
What's your major?

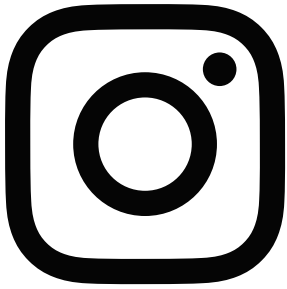
What are you excited about this year?

Where are you from?

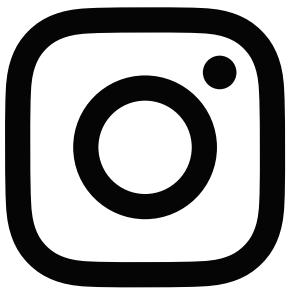


1. To meet your new best friend
2. Participation points!!
3. To learn stuff (that's why you came to college, right?)
4. So the teacher knows who you are when you need a letter of recommendation.
5. You might get a new idea that changes your life.





fulbrightstudentsuccess.uark



uarkfulbright



®

Fulbright College of Arts and
Sciences

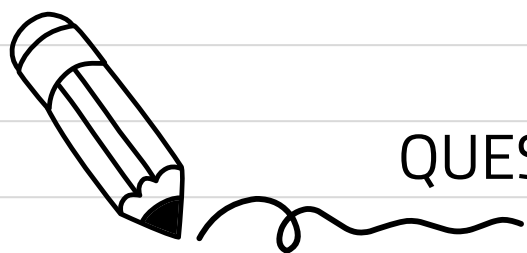


uarkfulbright

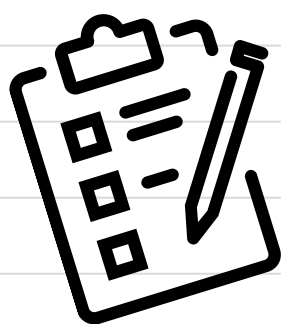


Fulbright College of Arts and
Sciences

NOTES

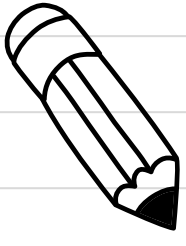


QUESTIONS I HAVE:



TO DO LIST:

NOTES



QUESTIONS I HAVE:



TO DO LIST:



This resource guide was created by the Fulbright Student Success Team for the 2026–2027 academic year. We extend our thanks to the Off-Campus Commuter Office for their inspiration and support.

**Welcome to the
University of
Arkansas—your
journey starts here.**